

## Meta4Education

NLP for Teaching and Learning

An intensive 8 day programme,  
delivered over 2 modules

With an Integrated Project  
and on-line support

No previous experience is necessary  
However Module 1 must be  
completed before Module 2

## Practitioner in NLP for Education and Learning

Learn the latest developments in NLP for teaching  
and managing learning

Certified & Licensed by  
The Society of Neuro Linguistic Programming



Matrix Essential Training Alliance Ltd  
Mulberry Lawn, Quay Lane  
Brading, Sandown  
Isle of Wight

PO36 0AT

Phone: +44(0)14983 400771

E-mail:

enquiries@meta4education.co.uk

Website:

www.meta4education.co.uk



## Meta4Education

Licensed Practitioner in  
Neuro-Linguistic Programming for  
Education and Learning

*"Thank you so much for  
organising so well and  
teaching brilliantly  
throughout a hugely  
enjoyable weekend!  
Your energy and passion  
are inspirational. I have  
been using the Meta and  
Milton models all day at  
work and have had both  
excellent results and  
tremendous fun".*

*Gill*

**You will benefit from this course as a Lecturer, Teacher, Trainers, Manager in Education, Youth worker or parent and are enthusiastic about applying the latest developments in NLP to teaching and learning.  
People in all walks of life with a desire to help children and people learn are welcome.**

Working in Education today is a constant challenge. More and more children and young people display behavioural and learning difficulties. There is increasing pressure to improve results, raise achievement and move from success to excellence. NLP provides techniques, strategies and solutions to the problems of teaching and learning, motivating and engaging students.

This training enables you to learn in very specific ways how learning works. You will learn how to use language in powerful and elegant ways to ensure students really understand you. You will find teaching easier and more enjoyable when you have the skills, behaviours and attitudes of NLP to help you.

The increasing focus on improving results, reaching targets and individual learning programmes means that effective delivery is at the heart of all schools and colleges.

There are many programmes with a focus on learning which don't teach the specific techniques that ensure learning happens. This programme is based on research that clearly demonstrates that dramatic improvements in achievement can be made in a very short period of time when teachers have these advanced skills.

Your organisation will benefit as you gain the ability to engage and motivate students, ensure assignments are completed with enthusiasm, communicate supremely effectively, improve tutoring, deliver lively learning to dramatically improve the quality of teaching and learning for students.

During this course you learn of our research projects demonstrating truly phenomenal results in the classroom. In short our research shows that students learn effectively, retain more and achievement is improved.

**"Before teaching before learning begin with something more. Teaching is more than recapitulation. To teach install good learning strategies, to make this worth having you can install something more, call it hope."**

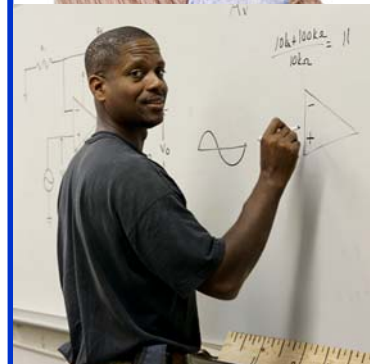
**Dr Richard Bandler - Using Your Brain for a Change**

## What will you learn?

This extremely thorough training programme ensures that during the two modules you learn:

- To integrate the fundamental attitudes and assumptions of NLP and become a more creative teacher.
- How to change create and maintain behaviour.
- To make learning generative so students continue to learn.
- To communicate elegantly using the power of language with precision.
- To change negative and unhelpful beliefs your students may have.
- To establish and maintain rapport to bring reluctant students on board.
- To pace students so they learn better.
- Know what your students are thinking through calibration techniques.
- Understand the learning processes of your students so you can create more flexibility in their learning.
- Two models of language patterns to create useful learning states for your students and gather more information about their needs.
- Elicit what your students' really want so they can set effective goals that they will achieve and are motivated to act on their goals.
- Anchoring and its appropriate use in the classroom.
- Change your state so you enjoy what you do more.
- Timeline work and belief change so important for many learners with low self esteem.
- How to access and build internal resources so your students realise they have their own answers.
- To develop strategies for effective learning.
- Flexibility in your own behaviour so you can respond to any situation effectively.
- You will also learn how to apply these techniques and methodologies to make your own life more fulfilling and rewarding.

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Education and Learning

*"I have to say that my  
decision to take my  
Practitioner course with  
META was an excellent  
one! Your teaching  
style, your excellent  
understanding on the  
material and your  
enthusiasm made a  
significant difference".*

*Konstantinos*

Meta 4 Education

## The Training Team

**The course leader is Kate Benson the International Director for Education of the Society of NLP. Kate is an internationally recognised trainer and the only SNLP Master Trainer working in the education sector in the UK. She has 20 years experience in teaching and has taught hundreds of teachers to improve the quality of teaching and learning.**

Kate is an expert in applying NLP in the education sector. She is thoroughly organised, highly skilled and the love for what she teaches comes across in her presentation. I guarantee you will have a thoroughly enjoyable experience'.

Dr Richard Bandler, Co-founder of NLP and creator of DHE and NHR

'Kate Benson combines her skills, her passion and her integrity so solidly that anyone who learns from her learns thoroughly what NLP is meant to be.'

John LaValle President of the Society of NLP

Hugh Street NLP Trainer & IT Specialist in Education and Learning

Other trainers with unique specialism's add to the wealth of experience on this programme

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