

*Richard Bandler brings to you his  
innovative discoveries of the mind*

# **Adventures in Neuro Hypnotic Repatterning™**

NHR takes you beyond communication skills, beyond persuasion and enables you to utilize the chemistry and neurology of your own brain and body to bring changes in your beliefs, thoughts and feelings, moving you swiftly, painlessly and with laughter into the life you dreamed of. Business, Sales, Traditional and Complementary Medicine, Teaching, Training, Media and Advertising, Parenting, Psychology, Therapy, Engineering and Sports are only some of the areas that NHR enhances. Be at the leading edge of the new developments and learning's of this creative genius.

**This is the only opportunity to experience the full NHR course this year  
Achieve much more than you ever thought possible  
Learn with amazing ease and fun with two of the world's best trainers,  
Dr Richard Bandler and John La Valle**

*What is Neuro Hypnotic Repatterning™ ? Here's what Dr Richard Bandler says;*

" I've come back to doing deep trance and seeing how to get people to respond in a new way. This is about using very deep trance tools to be able to make very pervasive changes across a wide range of behaviour to teach people the most important thing, which is to spend more time practicing feeling good than they do feeling bad so it becomes a habit."

"When I started Neuro Hypnotic Repatterning I decided that people were not having enough fun. Its not that you're not capable of it, it's just that you are not using your neurology that way. I wanted to get people out of the personal jails that they build for themselves and then you'll have greater freedom because ALL my work is about personal freedom"

*What else will you learn?*

**Fast hypnotic inductions**

**Non verbal hypnotic inductions**

**Deep trance phenomena applications**

**How to easily repattern neurological pathways**

**How to increase communication between your conscious and unconscious mind**

**How to have fun learning**

**Sat 14th November - Thur 19th November 2009  
Edinburgh  
Scotland**

**META**

Matrix Essential Training Alliance

## ABOUT RICHARD BANDLER AND JOHN LA VALLE

Together Richard and John work magic. If you want to learn from the best, come with us to the source. We believe that John and Richard together provide the best training programmes anywhere in the world right now. Combine Richard's creative genius with John's superb training skills and you have a training of unparalleled effectiveness and pleasure.

**Dr Richard Bandler**, the co-creator of Neuro Linguistic Programming, Design Human Engineering and now Neuro Hypnotic Repatterning has for the past thirty years, dedicated himself to developing new ideas, tools, techniques and models for the advancement of human evolution. He teaches with humour and joy and continues to share his newest discoveries with us.

**John La Valle** co-trains with Richard in the USA. He is an international trainer and consultant and Master Trainer of NLP, DHE and NHR. He has been training people from the business world and other professions for the past 20 years.

## How to book your place(s) on this seminar

Your investment **£2030** + VAT

**Early booking discount £1830** + VAT. Applies to bookings paid **in full** before 15th September 2009

There is a great deal of interest in this workshop and numbers are strictly limited to 80 people so book early to ensure your place

**Call the META office for a booking form,**

You may also book on line on our web-site [www.meta-nlp.co.uk](http://www.meta-nlp.co.uk)

**Or email: [enquiries@meta-nlp.co.uk](mailto:enquiries@meta-nlp.co.uk)**

Confirmation of your booking will be sent to you within 7 working days.  
If you would like to reserve a provisional place please contact the META office

**Tel: +44 (0) 1749871126**

**Fax +44 (0) 1749870714**

## The Location

Experience Edinburgh, a beautiful historic city full of culture, energy and life.  
**Saturday 14th to Thursday 19th November 2009**

## Accommodation

Edinburgh has a wide range of accommodation available, from cheap and cheerful to the height of luxury, depending on your budget.

Accommodation can be booked on the Scottish National Tourism Board

[www.visitscotland.com](http://www.visitscotland.com)

Tel: +44 (0)845 2255121

Or from outside the UK +44(0)1506 832121

Email: [info@visitscotland.com](mailto:info@visitscotland.com)

You can easily book on-line or phone to discuss options

## This event is brought to you by Matrix Essential Training Alliance.

META delivers the highest quality training using world-renowned expertise. It is our intention to bring life long learning to people in all walks of life. We bring you the best practitioners in their chosen field to share their gifts with you, making learning inclusive, enjoyable and easy. It is our privilege and honour to organise and manage this event.

We look forward to meeting you soon.

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